

**BEEN PLAYING A WHILE AND NOT IMPROVING?**

Are your friends advancing and you're not? No worries, you just might need to take some lessons to get back on track and rid yourself of those bad habits!

Elevate your game with our series of five 1-hour intermediate classes. Offered weekly, each class is tailored to help intermediate players enhance their skills. The 200 Series classes can be taken in any order, with fees based on membership level.

**200 SERIES****201: SERVING - DEEP / POWER / SPIN**

**Objective:** Deep, powerful serves help set the tone for each point, learn how to get more power, depth and even some spin on your serves.

**202: GROUND STROKES - FOREHAND & BACKHAND**

**Objective:** Once you get the basics down, it's time to explore spin and power. This class will give you the technique to hit harder, better shots on your return of serves and 3rd shot drives.

**203: 3RD SHOT SEQUENCE (3RD, 4TH & 5TH SHOTS)**

**Objective:** Learn to control the game with an understanding of the importance of these shots and how each influences the other.

**204: DINKING WITH PURPOSE**

**Objective:** Gain control of a point, slow down the game and learn how to create opportunities for more/better offensive play.

**205: FAST GAME - ATTACKS & RESETS**

**Objective:** Understanding when to attack, and how, as well as learning how to defend against attacks by resetting the ball.

**PLAY WITH A COACH (3.25-4.0 RATING)**

**Objective:** Students get a better feel for the flow of a game when playing with a Coach. Proper game strategy, positioning and instant feedback after each point.

- Check CourtReserve for class times & availability
- A 'class' has a minimum of 3 students, & a max of 5 students
- Want to work on a specific shot or problem you have? Check out a private lesson with one of our HOP Coaches!
- Don't know where to start your training journey? HOP Co-Owner & Director of Pickleball, Todd 'Mojo' Muffley can recommend where to start, what coach would be best, & answer any questions! Text him at 317-614-5526.